

ABSTRACT

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The relationship between online game addiction and the millennial generation's life satisfaction; Sri Tiatri S.Psi., M. Psi., PhD., dan Sandy Kartasasmita S.Psi., M.Psi. Undergraduate Program of Psychology, Universitas Tarumangara, (i-xii; 51 pages; R1-R6; Appdx 1-28)

The increasing amount of time playing online games is associated with low life satisfaction. Individuals who are less satisfied with their lives like to escape with the excessive use of online games. This study is intended to know the relationship between online game addiction and the millennial generation's life satisfaction. The participants of this study were 155 people that belonged in millennial generation who is addicted to online game. Participants were selected using non-probability sampling by convenience sampling technique. Based on the results of the correlation test, the value of ($r = -0.234$) with the value of ($p = 0.003 < 0.05$), which means that the higher the addiction of online games, the lower the life satisfaction of the millennial generation.

Keyword : online game addiction, life satisfaction, millennial generation