

## ABSTARCT

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**Overview of the Quality of Life of Medical Students in Jakarta; Heni Mularsih, M.Psi; S-1 Psychology Study Program, Tarumanagara University, (i-xi; 50 pages; P1-P5; L1-L37)**

Medical school students are reported to experience greater stress than students in other fields due to long training hours, rigorous academic demands, frequent examinations, competitive environment and continuous exposure to new and often stressful clinical experiences, all of which can cause anxiety, depression, and fatigue. Based on the explanation above, admission to medical school can have an impact on the health and quality of life of medical students. The study involved 400 subjects, consisting of 96 men and 304 women. Subjects were selected using convenience sampling and snowball sampling techniques. The criteria for the subject in this study were medical students who were still active, were undergoing the pre-clinical or clinic stage (coass), attending college in medical school in Jakarta, both private and public. This study used a WHOQOL-BREF measuring instrument and used descriptive statistical analysis. The results of this study indicate that medical students are in the less category for each dimension.

Keywords: Quality of Life, Medical Students