

## **ABSTRACT**

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**The Role of Pet Attachment to the Owner's Emotional Well-Being; Meiske Yunitthree, M.Psi., Psi., Undergraduate Program in Psychology, Universitas Tarumanagara, (i-xiv; 85 pages; R1-R9; Appdx 1-82)**

The aim of this study is to know the role of pet attachment to owner's emotional well-being.

The number of respondents who participated in this study were 468 people using non-probability methods and convenience sampling technique. This study using non-experimental research with quantitative methods. Data collection is done through online questionnaires in form of a google form. Data processing using SPSS version

21. This study using 31 items on the pet attachment questionnaire developed from the Emotional and Supportive Attachment to Companion Animals Scale (ESACA) by Meehan, Massavelli, and Pachana and 44 emotional well-being questionnaires developed by Watson, Clark and Tellegen and has been adapted by the Research and Measurement Section of Faculty of Psychology Universitas Tarumanagara. Analysis of this study using a regression. The results of this study indicate that pet attachment play a significant and positive role in the owner's emotional well-being.

**Keywords:** Pet Attachment, Emotional Well-Being