

ABSTRACT

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Quality of Life of Social Media Users of Adolescents (Study on X and Y Schools); Dr. Riana Sahrani, M. Si., Psikolog & Debora Basaria, M. Psi., Psikolog; Undergraduate Program in Psychology, Universitas Tarumanagara, (i-xiv; 115 pages; R1-R8; Appdx. 1-87)

The main purpose of this research to acquire a descriptive measurement of the quality of life of adolescents, along with the descriptive measures of their general social media usage. This research is conducted on January until June 2019 and it involves 422 participants from two private schools in Jakarta using descriptive and non- experimental methods. Research data is entirely collected using written questionnaires. Measurement tools used in this research are WHOQOL-BREF Bahasa Indonesia version adapted from Purba et al. (2016) to measure quality of life and translated version of General Social Media Usage subscale from Media and Technology Usage and Attitude Scale (MTUAS) adapted from Rosen et al. (2013) to measure general social media usage. Results indicate that the quality of life of adolescents are in a good condition ($M=3.65$) on the four domains: physical health, psychological, social relationship, and environment domain. The general social media usage is also found to be in tolerable condition ($M=5.8$) according to the percentile norm.

Key words: Quality of life, social media users, adolescents.