

ABSTRACT

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The Role of Social Support and Self-Esteem Towards the Adjustment of Students Who Are Studying Abroad; (Sri Tiatri, PhD, Psikolog & Santy Yanuar Pranawati, S.Psi., M.Psi.) Undergraduate Program of Psychology at Universitas Tarumanagara. (i-x; 43pages; P1-P3; L1-L41)

The purpose of this study was to determine the role of social support and self-esteem towards the adjustment of students who are studying abroad. This study uses a quantitative method by collecting data through a questionnaire and involving 121 Indonesian students who are studying abroad. There are three variables on the questionnaire used in data collection, namely variable social support, self-esteem, and adjustment. The data obtained is then processed using the SPSS version 21 program. Data processing includes tests multiple regression. The results showed that self-esteem and social support had a role towards self-adjustment with the R Square value of 0.476 or 47.6%.

Key word: self-esteem, social support, adjustment, self-adjustment, student abroad, college student.