ABSTRACT

Raharjo, Felicia Valada (705150029) Relationship Between the Quality of School Life and Happiness in Adolescents; Monika, M. Psi., Psi. Bachelor degree in psychology, Tarumanagara University, (i-xi; 43 pages; P1-P4; L1-L48).

The happiness felt by students is an important factor in school life, because students will get support from friends, teachers and the environment in the school. This study aims to see whether there is a relationship between the quality of school life and happiness in adolescents by using the theory of quality of school life proposed by Leonard (2008) and the theory of happiness proposed by Hills and Argyle (2002). This research uses quantitative non-probability sampling method with purposive sampling data collection technique. The subjects of this study were students of class X and XI at Jakarta SMAN X. Data collection was carried out in April 2019 involving 490 subjects aged 15-18 years. From the results of data analysis, the value of r = 0.307 which means there is a positive relationship between the quality of school life and happiness in adolescents. These results show if the quality of school life is low, then student happiness is low. Besides, both the quality of school life and level of happiness in SMAN X is high, as shown by the mean values from the empirical results of 2.62 and 4.03, respesctively.

Keywords: Quality of School Life, Happiness, Adolescents.