ABSTRACT

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Bali as one of the cities with the fourth rank which has the highest number of elderly population in Indonesia. A very strong religious, social and cultural life influences the quality of life of the elderly. The purpose of this study is to describe the quality of life of the elderly in Gianyar Bali. This research uses a phenomenological qualitative approach with interview and observation data collection techniques. The subjects involved in this study were eight elderly individuals, eight subjects consisted of 4 men and 4 women (aged over 60 years). The results of this study indicate that the eight elderly people in Gianyar Bali do not all have quality lives. The dominant dimensions were experienced by the eight subjects, namely the dimensions of social relations, psychological well-being, spiritual, independence, and self-empowerment. The dimension that is not dominant experienced by the eight subjects is that most of the eight subjects are physical health dimensions.

Keywords: Quality of Life, Elderly, Bali