

DAFTAR PUSTAKA

1. WHO. Obesity: preventing and managing the global epidemic. Report of a WHO Consultation. WHO Technical Report Series 894. Geneva: World Health Organization, 2000.p. 6-9.
2. Ng M, Fleming T, Robinson M, Thomson B, Graetz N, Margono C, et al. Global, regional, and national prevalence of overweight and obesity in children and adults during 1980-2013: a systematic analysis for the Global Burden of Disease Study 2013.p. 284; 766-81. (Cited 2017 July 07). Available from: [http://www.thelancet.com/journals/lancet/article/PIIS01406736\(14\)604608/fulltext](http://www.thelancet.com/journals/lancet/article/PIIS01406736(14)604608/fulltext)
3. World Health Organization: obesity and overweight. (Cited 2017 July 07) Available from : <http://www.who.int/mediacentre/factsheets/fs311/en/>.
4. Badan Penelitian dan Pengembangan Kemenkes RI. RisetKesehatanDasar; RISKESDAS. Jakarta: BalitbangKemenkes RI;2013.p.223-225. (Cited 2017 July 07) Available from: <http://www.depkes.go.id/resources/download/general/Hasil%20Risikesdas%202013.pdf>
5. Kementrian Kesehatan Republik Indonesia . Pedoman pencegahan dan penanggulangan kegemukan dan obesitas pada anak sekolah. Jakarta; 2012.p. 1.(Cited 2017 July 07) Available from ; <http://gizi.depkes.go.id/download/pedoman%20gizi/obesitas.pdf>
6. Gibson RS. Principels of nutritional assessment. 2nd ed.New York: Oxford University Press,Inc:2005.p.234-93; 353-68.
7. Whitney E, Rolfes SR. Energy Balance and Body Composition. Understanding Nutrition.13th ed. Canada: Wadsworth Cengage Learning;2013;8:241-5.
8. Alhamda S, Sriani Y. Buku ajar ilmu kesehatan masyarakat (IKM). Yogyakarta: Deepublish;2014.p.65-66.
9. Alhamda S, Sriani Y. Buku ajar ilmu kesehatan masyarakat (IKM). Yogyakarta: Deepublish;2014.p.65-66.
10. World Health Organization. The Asia-Pacific Perspective: Redifining Obesity and its Treatment. Health Communication Australia Pty Limited; 2000.p.18-9.(Cited

2017 July 27) Available from:
<http://www.wpro.who.int/nutrition/documents/docs/Redefiningobesity.pdf>

11. Stevens J, Cai J, Pamuk ER, Williamson DF, Thun MJ, Wood JL. The Effect of Age on the Association between Body-Mass Index and Mortality. *The New England Journal of Medicine*. January 1998; 338:1-7. (Cited 2017 August 20) Available from:
<http://www.nejm.org/doi/full/10.1056/NEJM199801013380101#t=articleDiscussion>
12. Yamacake KG, Cocuzza M, Torricelli FC, Tiseo BC, Frati R, Freire GC et al. Impact of body mass index, age and varicocele on reproductive hormone profile from elderly men. *April 2016; 42(2): 365–372*. (Cited 2017 October 22) Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4871400/>
13. Mayor G, Andrade MA, Rios M, Lage M, Dieguez C, Casanueva FF. Serum leptin levels in normal children: relationship to age, gender, body mass index, pituitary-gonadal hormones, and pubertal stage. *September 1997; 82(9):2849-55*. (Cited 2017 October 22) Available from:
<https://www.ncbi.nlm.nih.gov/pubmed/9284709>
14. Polsky S, Catenacci VA, Wyatt HR, Hill JO. Obesity: Epidemiology, Etiology, and Prevention. In: Ross AC et al. editor. *Modern nutrition in health and disease*. 11th edition. Baltimore: Lippincot Williams & Wilkins; 2014.p.771-781.
15. Abramowitz M, *Diseases and Disorder: Obesity*. Smith GS, editor. Lucent Books. USA. 2004. p.44.
16. Lysen LK, Israel DA. *Nutrition in Weight Management*. In: Mahan LK et al, editor. *Krause's Food and the Nutrition Care Process*. 13th edition. Philadelphia: Elsevier Saunders; 2012. p.463;467-9.
17. World Health Organization. *Physical Status: The Use and Interpretation of Anthropometry*. (Cited 2017 July 28) Available from:
http://apps.who.int/iris/bitstream/10665/37003/1/WHO_TRS_854.pdf?ua=1
18. Wang ZM, Pierson RN Jr, Heymsfield SB. The five level model: a new approach to organizing body-composition research. *American Journal of clinical nutrition*, 1992.56;p.19-28.

19. Food and Nutrition Board, Institute of Medicine: *Dietary Reference Intakes for energy, carbohydrate, fiber, fat, fatty acids, cholesterol, protein, and amino acids (macronutrients)*, Washington, D.C., 2002, National Academies Press.
20. Barasi ME. Nutrition at a Glance. Australia: Blackwell Publishing: 2007.p.37
21. Roemmich JN, Smith JR, Epstein LH. Stress Reactivity and Adiposity of Youth. 2007;15: 2303–2310. (Cited 2017 July 28) Available from: https://www.researchgate.net/profile/Maya_Lambiase/publication/5952902_Stress_Reactivity_and_Adiposity_of_Youth/links/0c9605243336cd94f4000000.pdf
22. Fisac G, Lopez E, Banegas JR. Prevalence of overweight and obesity in elderly people in Spain. 2004 April.12(4):710-5. (Cited 2017 July 28) Available from: <https://www.ncbi.nlm.nih.gov/pubmed/15090641>
23. Demerath EW, Sun SS, Rogers N, Lee M, Reed D, Choh AC et al. Anatomical patterning of visceral adipose tissue: race, sex, and age variation. 2007 December. 15: 2984-93. (Cited 2017 July 28) Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2883307/>
24. Guo SS, Zeller C, Chumlea WC, Siervogel RM. Aging, body composition, and lifestyle: the Fels Longitudinal Study. American Journal of Clinical Nutrition. September 1999 (Cited 2017 July 28); 70(3); 405-11. Available from: <http://ajcn.nutrition.org/content/70/3/405.full>
25. Chang CJ, Wu CH, Yao WJ, Yang YC, Wu JS, Lu FH. Relationships of age, menopause and central obesity on cardiovascular disease risk factors in Chinese women. 2000 December. 24:1699-1704. (Cited 2017 July 28) Available from: <http://www.nature.com/ijo/journal/v24/n12/abs/0801457a.html?foxtrotcallback=true>
26. Wajchenberg BL. Subcutaneous and Visceral Asipose Tissue: Their Relation to the Metabolic Syndrome.2000 December; 21 (6):697-728. (Cited 2017 July 28) Available from: <https://academic.oup.com/edrv/article/21/6/697/2424212/Subcutaneous-and-Visceral-Adipose-Tissue-Their>
27. Hamdy O, Uwaifo GI, Oral EA. Obesity. 2015 August 25 (Cited 2017 July 28). Available from: <http://emedicine.medscape.com/article/123702-overview#a3>
28. Hackethal V. Exercise weakens effect of FTO obesity gene.2017 April.

- (Cited 2017 July 28) Available from: <http://www.medscape.com/viewarticle/879389>
29. Castillon PG, Aratalejo FR, Fornes NS. Intake of fried foods is associated with obesity in the cohort of Spanish adults from the European Prospective Investigation into Cancer and Nutrition. *American Journal of Clinical Nutrition*. July 2007; 86: 198-205. (Cited 2017 July 28) Available from: <http://ajcn.nutrition.org/content/86/1/198.abstract?sid=f0e5ea60-021e-4b16-93af-f53298554b25>
 30. Vanaels B, Michels N, Clays E, Herrmann D, Huybrechts I, Sioen I, et al. The Association between Childhood Stress and Body Composition, and the Role of Stress-Related Lifestyle Factors. 2014 April. 21(2): 292-301. (Cited 2017 July 28); Available from: <https://www.ncbi.nlm.nih.gov/pubmed/23377786>
 31. Roemmich JN, Smith JR, Epstein LH. Stress Reactivity and Adiposity of Youth. 2007;15: 2303–2310. (Cited 2017 July 28) Available from: https://www.researchgate.net/profile/Maya_Lambiase/publication/5952902_Stress_Reactivity_and_Adiposity_of_Youth/links/0c9605243336cd94f4000000.pdf
 32. Beardsley J. The Relationship Between Alcohol Intake and Body Fat Percentage in Adult University Employees. Georgia State University, 2014.p.3-9.
 33. Toffolo MC, Silvia A, Aparecida V. Alcohol: Effects on Nutritional Status, Lipid Profile and Blood Pressure. *Journal of Endocrinology and Metabolism*.2012;2(6);205-211. (Cited 2017 August 13) Available from: <http://www.jofem.org/index.php/jofem/article/view/150/177>
 34. Traversy G, Chaput JP. Alcohol Consumption and Obesity: An Update. 2015; 4(1): 122–130. (Cited 2017 August 2017) Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4338356/>
 35. Chiolero A, Faeh D, Paccaud F, Cornuz J. Consequences of smoking for body weight, body fat distribution, and insulin resistance. *American Journal of Clinical Nutrition*. April 2008; 87(4); 801-9. (Cited 2017 August 14) Available from: <http://ajcn.nutrition.org/content/87/4/801.full>
 36. Canoy D, Wareham N, Luben R, Welch A, Bingham S, Day N et al. Cigarette Smoking and Fat Distribution in 21, 828 British Men and Women: A Population-based Study. *Obesity a research journal*. August 2005; 13(8);1446-75. (Cited