

Daftar Pustaka

1. Kumar V. Robbins & Cotran Dasar Patofisiologi Penyakit. ed 9. Jakarta: EGC; 2015
2. Yogiandoro M, Mohani CI. Buku Ajar Ilmu Penyakit Dalam. ed 6. Jakarta: InternaPublishing; 2014
3. Kementerian Kesehatan Republik Indonesia. Hipertensi. (updated 2014 May 17; cited 2015 Oct 9). Available from: <http://www.depkes.go.id/download.php?file=download/pusdatin/infodatin/infodatin-hipertensi.pdf>
4. World Health Organization. High Blood Pressure Global and Regional Overview. (updated 2013; cited 2015 Oct 9). Available from: http://www.searo.who.int/entity/world_health_day/leaflet_burden_hbp_whd2013.pdf
5. World Health Organization. Hypertension in South-East Asia Region: an overview. Regional Health Forum. 2013 (cited 2015 Oct 9);17(1): Available from: http://www.searo.who.int/publications/journals/regional_health_forum/rhf/v17n1p7.pdf
6. Lionakis N, Mendrinou D, Sanidas E, Favatas G, Georgopoulou M. Hypertension in Eldery. World Journal of Cardiology. 2012 (cited 2018 Nov 30); 4(5): Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3364500/>
7. Zaenurrohman DH, Rachmayati RD. Hubungan Pengetahuan dan Riwayat Hipertensi Dengan Tindakan Pengendalian Tekanan Darah Lansia. Journal of Universitas Airlangga (cited 2018 November 30); 5(2): Available from: <https://e-journal.unair.ac.id/JBE/article/download/3886/3895>
8. Republik Indonesia. 1998. *Undang-Undang No 13 Tahun 1998 tentang Kesejahteraan Lanjut Usia*. Lembaran Negara Republik Indonesia Tahun 1998, No. 190. Sekretariat Negara. Jakarta.
9. Sherwood L. Fisiologi Manusia dari Sel ke Sistem. ed 9. Jakarta: EGC; 2014
10. American Music Therapy Association, Inc. Music Therapy in Response to Crisis and Trauma. (updated 2006; cited 2015 Nov 4) Available from: http://www.musictherapy.org/assets/1/7/MT_Crisis_2006.pdf
11. American Music Therapy Association. With over 60 years of clinical history in the U.S, Music Therapy currently receives national recognition in the following ways. (updated 2011; cited 2015 Nov 4) Available from: http://www.musictherapy.org/assets/1/7/MT_Recognition_2011.pdf
12. Guyton AC, Hall JE. Buku Ajar Fisiologi Kedokteran. ed 9. Jakarta: EGC; 1997
13. National Institutes of Health. JNC 7 Express The Seventh Report of Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure. (updated 2003 Dec; cited 2015 Oct 10). Available from: <https://www.nhlbi.nih.gov/files/docs/guidelines/express.pdf>

14. The American Institute of Stress. Stress and Hypertension: Symptoms and Treatment (updated 2011 Oct 24; cited 2015 Dec 13). Available from: www.stress.org/hypertension
15. Western University. Theories of Ageing (updated 2017 Dec 2; cited 2018 Nov 13). Available from: <https://instruct.uwo.ca/kinesiology/310a/pdf/theories.PDF>
16. Kasper, Fauci, Hauser, Longo, Jameson, Loscalzo. Harrison's principles of Internal Medicine. Vol 2. United States. EGC:2015
17. Pinto E. Blood Pressure and Ageing. British Medical Journal. 2007 (cited 2015 Dec 6); 83(976): Available from: www.ncbi.nlm.nih.gov/pmc/articles/PMC2805932
18. National Heart, Lung, and Blood Institute. Benefits of Physical Activity. (updated 2015 Oct 29; cited Dec 13). Available from: www.nhlbi.nih.gov/health/health-topics/topics/phys/benefits
19. National Heart, Lung, and Blood Institute. How Does Smoking Affect the Heart and Blood Vessels?. (updated 2015 Oct 28; cited 2015 Dec 13). Available from: www.nhlbi.nih.gov/health/health-topics/topics/smo
20. Departemen Kesehatan. Pharmaceutical Care Untuk Pasien Penyakit Hipertensi. (updated Desember 2006; cited 2018 Dec 3). Available from: <http://binfar.depkes.go.id/bmsimages/1361338449.pdf>
21. American Music Therapy Association. What is Music Therapy?. (updated 2006; cited 2015 Nov 4). Available from: <http://www.musictherapy.org/about/quotes>
22. National Institutes of Health. Stress and Hypertension. (updated 1999; cited 2015 Dec 4). Available: www.ncbi.nlm.nih.gov/pubmed/9894438
23. Music Therapy.cc. Music Therapy for Autism. (updated 2003; cited 2015 Dec 13). Available from: www.musictherapy.cc/wellness.html
24. Bernardi L. Music and The Heart. Journal of The American Heart Association (cited 2015 Aug 30). Available from: <http://circ.ahajournals.org/content/116/24/F139.full.pdf>
25. Universitas Kristen Maranatha. Efek Musik Klasik 'Baroque' Terhadap Penurunan Tekanan Darah dan Denyut Jantung. (updated 2013; cited 2015 Oct 5). Available from: http://repository.maranatha.edu/12169/1/1010063_Abstract_TOC.PDF
26. Rajmohan V, Mohandas E. The Limbic System. Indian Journal of Psychiatry. 2007 (cited 2015 Dec 3);49(2). Available from; www.ncbi.nlm.nih.gov/pmc/articles/PMC2917081
27. Franzer A, Hensler JG. Serotonin Involvement in Physiological Function and Behavior. (updated 1999, cited 2015 Nov 2). Available: www.ncbi.nlm.nih.gov/books/NBK27940/
28. Sastroasmoro S, Ismael Sofyan. Dasar-dasar Metodologi Penelitian Klinis. 4th ed. Indonesia: Sagung Seto;2011
29. Agarwal R. Implications of Blood Pressure Measurement Technique for Implementation of Systolic Blood Pressure Intervention Trial (SPRINT). Journal of The American Heart Association (cited 2018 Dec 27); 6(2): Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5523757/>
30. Chafin S, Roy M, Gerin W, Christenfeld. Music can facilitate blood pressure recovery from stress. British Journal of Psychology. 2004 (cited 2018 Sept

- 1); 9: Available from:
http://psy2.ucsd.edu/~nchristenfeld/Publications_files/Music%26CVR-BJHP.pdf
31. National Institutes of Health. The effects of auditory stimulation with music on heart rate variability in healthy women. (updated 2013 July; cited 2018 Dec 27). Available from:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3715016/>
 32. Sujarweni V. SPSS untuk Penelitian. Yogyakarta: Penerbit Pustaka Baru Press;2015.
 33. Ezenwa M. Does Music Therapy Reduce Blood Pressure in Patients with Essential Hypertension in Nigeria?.*Journal Physiology of Africa*. 2009 (cited 2018 November 1). Available from:
https://www.researchgate.net/publication/221927769_Does_Music_Therapy_Reduce_Blood_Pressure_in_Patients_with_Essential_Hypertension_in_Nigeria
 34. Knight W, Richard N. Effect of music on blood pressure, pulse rate and respiratory rate of asymptomatic individuals: A randomized controlled trial. *Health*. 2013 (cited 2018 November 29); 5(4a) Available from:
http://file.scirp.org/pdf/Health_2013041910192792.pdf
 35. Armon R, Fisher A, Goldfarb B, Milton C. Effects of music tempos on blood pressure, heart rate, and skin conductance after physical exertion. *Journal of Advanced Students Science*. 2011 (cited 2018 November 20). Available from:
<http://jass.neuro.wisc.edu/2011/01/Effects%20of%20music%20tempos%20on%20blood%20pressure,%20heart%20rate,%20and%20skin%20conductance%20after%20physical%20exertion.pdf>
 36. Yoshie Nakajima, Naofumi Tanaka, Tatsuya Mima, dan Shin-Ichi Izumi. Stress Recovery Effects of High- and Low-Frequency Amplified Music on Heart Rate Variability. *Hindawi Journals*. 2016 (cited 2018 November 14). Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5021883/>
 37. Trappe HJ, Voit. The Cardiovascular Effect of Musical Genres. *Journal Deutsches Ärzteblatt International*. 2016 (cited 2018 November 16); 113(20): Available from:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4906829/>
 38. Sahu D, Bhaskaran M. Palpatory Method of Measuring Diastolic Blood Pressure. *Journal of Anaesthesiology Clinical Pharmacology* (cited 2018 Nov 29); 26(4): Available from:
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3087253/>