

DAFTAR PUSTAKA

1. World Health Organization (WHO). Childhood obesity prevention. *Int J Obes [Internet]*. 2012;23(s5):s44–5. Available from: http://apps.who.int/iris/bitstream/10665/80149/1/9789241504782_eng.pdf?ua=1
2. Badan Penelitian dan Pengembangan Kesehatan. Riset Kesehatan Dasar (RISKESDAS) 2013. *Lap Nas 2013*. 2013;1–384.
3. Almtsier S. *Prinsip Dasar Ilmu Gizi*. 2nd ed. Izul, editor. PT Gramedia Pustaka Utama; 2002.
4. Syafiq A, Setiarini A, Mulyawati D, Achadi EL, Fatmah, Kusharisupeni, et al. *Gizi dan Kesehatan Masyarakat*. 8th ed. Rinaldy S, editor. Jakarta: Departemen Gizi dan Kesehatan Masyarakat FKUI; 2013. 3–87 p.
5. Ventura EE, Davis JN, Goran MI. Sugar content of popular sweetened beverages based on objective laboratory analysis: Focus on fructose content. *Obesity [Internet]*. 2011;19(4):868–74. Available from: <http://dx.doi.org/10.1038/oby.2010.255/nature06264>
6. Ogden CL, Kit BK, Carroll MD, Park S. Consumption of Sugar Drinks in the United States. *NCHS Data Brief*. 2011;(71):2005–8.
7. Akhriani M, Fadhilah E, Kurniasari FN. Indonesian journal of human nutrition : IJHN [Internet]. Vol. 3, Indonesian Journal of Human Nutrition. 2016 [cited 2019 Jul 3]. 29–40 p. Available from: <https://ijhn.ub.ac.id/index.php/ijhn/article/view/134/143>
8. Qodratillah MT, Sitanggang C, Hardaniwati M, Amalia D, Santoso T, Budiwiyanto A, et al. *Kamus Besar Bahasa Indonesia*. Sugiyono, Maryani Y, editors. Jakarta: Pusat Bahasa Departemen Pendidikan Nasional; 2008.
9. World Health Organization (WHO). A SET OF TOOLS FOR MEMBER STATES to determine and identify priority areas for action. *Prioritizing areas action F Popul Prev Child Obes*. 2012;83.
10. Hales CM, Carroll MD, Fryar CD, Ogden CL. Prevalence of Obesity Among Adults and Youth: United States, 2015–2016. *NCHS Data Brief [Internet]*. 2017;288(288):1–8. Available from:

<https://www.cdc.gov/nchs/data/databriefs/db288.pdf>

11. Chen Z, Huiting Z, Yanjun Z. The Impact of Obesity on Adolescents. *J Hum Resour* [Internet]. 2010;39(2):23. Available from: <http://www.jstor.org/stable/3559022?origin=crossref>
12. Salam A. Faktor Risiko Kejadian Obesitas Pada Remaja. *J MKMI Vol.* 2010;6(3):185–90.
13. Srivasava N, Mittal B, Lakhan R. Pathophysiology and genetics of obesity. *Indian J Exp Biol.* 2007;45(November):929–36.
14. Gurevich-panigrahi T, Panigrahi S, Wiechec E, Los M. Obesity: Pathophysiology and Clinical Management. *Curr Med Chem.* 2009;16(1):506–21.
15. Oktaviani WD, Saraswati LD, Rahfiludin MZ. Hubungan Kebiasaan Konsumsi Fast Food, Aktifitas Fisik, Pola Konsumsi, Karakteristik remaja dan Orang Tua dengan Indeks Massa Tubuh (IMT). *J Kesehat Masy.* 2012;1(2):542–53.
16. Kurdanti W, Suryani I, Syamsiatum NH, Siwi LP, Adityanti MM. Faktor-faktor yang mempengaruhi kejadian obesitas pada remaja. *J Gizi Klin Indones.* 2015;11(04):179–90.
17. Haines J, Neumark-Sztainer D, Wall M, Story M. Personal, behavioral, and environmental risk and protective factors for adolescent overweight. *Obes (Silver Spring)* [Internet]. 2007;15(11):2748–60. Available from: <http://onlinelibrary.wiley.com/store/10.1038/oby.2007.327/asset/oby.2007.327.pdf?v=1&t=igm0nu5y&s=5957e1295d0d5abab16882380a7fc763c0aa950f>
18. Pelleymounter MA, Cullen MJ, Baker MB, Hecht R, Winters D, Boone T, et al. Effect of the obese gene product on body weight regulation in the ob/ob mice. *Science (80-).* 1995;269(13):540–3.
19. Masdar H, Saputri PA, Rosdiana D, Chandra F. Depresi , ansietas , dan stres serta hubungannya dengan obesitas pada remaja. *Gizi Klin Indones.* 2016;12(4):138–43.
20. Emilia E. Pengetahuan, Sikap Dan Praktek Gizi Pada Remaja Dan Implikasinya Pada Sosialisasi Perilaku Hidup Sehat. *Media Pendidikan,*

- Gizi dan Kuliner [Internet]. 2009;1(1):1–9. Available from:
<http://ejournal.upi.edu/index.php/Boga/article/viewFile/6276/4268>
21. Colditz GA, Giovannucci E, Rimm EB, Stampfer MJ, Rosner B, Speizer FE, et al. Alcohol intake in relation to diet and obesity in women and men. *Am J Clin Nutr* [Internet]. 1991;54(1):49–55. Available from:
<http://ajcn.nutrition.org/content/54/1/49.full.pdf>
 22. Yeomans MR. Alcohol, appetite and energy balance: Is alcohol intake a risk factor for obesity? *Physiol Behav* [Internet]. 2010;100(1):82–9. Available from: <http://dx.doi.org/10.1016/j.physbeh.2010.01.012>
 23. Liou YM, Liou TH, Chang LC. Obesity among adolescents: Sedentary leisure time and sleeping as determinants. *J Adv Nurs*. 2010;66(6):1246–56.
 24. Pramono A. Kontribusi Makanan Jajan Dan Aktivitas Fisik Terhadap Kejadian Obesitas Pada Remaja Di Kota Semarang. 2015;2(2):129–36.
 25. Lloyd-Jones DM, Hong Y, Labarthe D, Mozaffarian D, Appel LJ, Van Horn L, et al. Defining and setting national goals for cardiovascular health promotion and disease reduction: The american heart association’s strategic impact goal through 2020 and beyond. *Circulation*. 2010;121(4):586–613.
 26. BPS Provinsi DKI Jakarta. Jumlah Penduduk Menurut Kelompok Umur dan Jenis kelamin di Provinsi DKI Jakarta [Internet]. BPS Provinsi DKI Jakarta. 2017. Available from:
<https://jakarta.bps.go.id/statictable/2017/01/30/142/jumlah-penduduk-menurut-kelompok-umur-dan-jenis-kelamin-di-provinsi-dki-jakarta-2015.html>
 27. Mahfouz AA, Shatoor AS, Khan MY, Daffalla AA, Mostafa OA, Hassanein MA. Nutrition, Physical Activity, and Gender Risks for Adolescent Obesity in Southwestern Saudi Arabia. *J Youth Adolesc* [Internet]. 2008 Oct 11 [cited 2019 May 20];37(9):1111–22. Available from: <http://link.springer.com/10.1007/s10964-008-9281-z>
 28. Heymsfield SB, Wadden TA. Mechanisms, Pathophysiology, and Management of Obesity. *N Engl J Med*. 2017;376(3):254–66.
 29. Rusyadi S. Pola Makan Dan Tingkat Aktifitas Fisik Mahasiswa Dengan

- Berat Badan Berlebih Di Universitas Negeri Yogyakarta. Univ Negeri Yogyakarta. 2017;
30. Putri KAWK. Pemanfaatan Gadget Pada Mahasiswa Universitas Muhammadiyah Surakarta. Univ Muhammadiyah Surakarta. 2016;
 31. Paksarian D, Rudolph KE, He J-P, Merikangas KR. School Start Time and Adolescent Sleep Patterns: Results From the U.S. National Comorbidity Survey--Adolescent Supplement. *Am J Public Health* [Internet]. 2015 Jul 5 [cited 2019 May 9];105(7):1351–7. Available from: <http://ajph.aphapublications.org/doi/10.2105/AJPH.2015.302619>
 32. Hargens TA, Kaleth AS, Edwards ES, Butner KL. Association between sleep disorders, obesity, and exercise: a review. *Nat Sci Sleep* [Internet]. 2013;5:27–35. Available from: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3630986/pdf/nss-5-027.pdf>
 33. Taheri S, Lin L, Austin D, Young T, Mignot E. Short Sleep Duration Is Associated with Reduced Leptin, Elevated Ghrelin, and Increased Body Mass Index. Froguel P, editor. *PLoS Med* [Internet]. 2004 Dec 7 [cited 2019 May 9];1(3):e62. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/15602591>
 34. Gadalla YM, Adil A-M, Mustafa BM, Abdo H. Prevalence of smoking among school adolescents in Khartoum State. *Sudan J Paediatr* [Internet]. 2012 [cited 2019 May 9];12(2):44–8. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/27493344>
 35. Pentz MA, Brannon BR, Charlin VL, Barrett EJ, MacKinnon DP, Flay BR. The power of policy: the relationship of smoking policy to adolescent smoking. *Am J Public Health* [Internet]. 1989 Jul 7 [cited 2019 May 9];79(7):857–62. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/2735472>
 36. Chiolero A, Faeh D, Paccaud F, Cornuz J. Consequences of smoking for body weight, body fat distribution, and insulin resistance. *Am J Clin Nutr* [Internet]. 2008 Apr 1 [cited 2019 May 21];87(4):801–9. Available from: <https://academic.oup.com/ajcn/article/87/4/801/4633357>

37. Ranjit N, Evans MH, Byrd-Williams C, Evans AE, Hoelscher DM. Dietary and activity correlates of sugar-sweetened beverage consumption among adolescents. *Pediatrics* [Internet]. 2010 Oct [cited 2019 May 12];126(4):e754-61. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/20876172>
38. Badan Penelitian dan Pengembangan Kesehatan. Riset Kesehatan Dasar (Riskesdas) 2018. Hasil Utama Riskesdas di Indonesia 2018. 2018.
39. Ebbeling CB, Feldman HA, Chomitz VR, Antonelli TA, Gortmaker SL, Osganian SK, et al. A randomized trial of sugar-sweetened beverages and adolescent body weight. *World Rev Nutr Diet*. 2014;109:5–6.
40. Kersten S. Mechanisms of nutritional and hormonal regulation of lipogenesis. *EMBO Rep* [Internet]. 2001 Apr [cited 2019 May 21];2(4):282–6. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/11306547>
41. Mullie P, Aerenhouts D, Clarys P. Demographic, socioeconomic and nutritional determinants of daily versus non-daily sugar-sweetened and artificially sweetened beverage consumption. *Eur J Clin Nutr* [Internet]. 2012 Feb 10 [cited 2019 Jul 8];66(2):150–5. Available from: <http://www.nature.com/articles/ejcn2011138>