

DAFTAR PUSTAKA

1. Wulandari S, Lestari H, Fachlevy AF. FAKTOR YANG BERHUBUNGAN DENGAN KEJADIAN OBESITAS PADA REMAJA DI SMA NEGERI 4 KENDARI TAHUN 2016 [Internet]. [cited 2018 Oct 24]. Available from: <https://media.neliti.com/media/publications/186655-ID-faktor-yang-berhubungan-dengan-kejadian.pdf>
2. World Health Organisation. Global Strategy on Diet, Physical Activity and Health. World Heal Organ [Internet]. 2018;1–3. Available from: http://www.who.int/dietphysicalactivity/childhood_what/en/
3. Emelia R, Malonda NSH, Kapantow NH, Kesehatan F, Universitas M, Ratulangi S, et al. Hubungan Antara Aktifitas Fisik Dengan Obesitas Pada Siswa Di Sma Negeri 1 Kota Bitung [Internet]. [cited 2018 Oct 17]. Available from: <http://medkesfkm.unsrat.ac.id/wp-content/uploads/2016/11/JURNAL-Retno-Emelia.pdf>
4. Merita, Aishah, Siti Aulia. Status Gizi dan Aktifitas fisik dengan Status Hidrasi pada remaja SMA NEGERI 5 Kota Jambi.2018
5. Lilyasari O. Hipertensi dengan obesitas:adakah peranan endotelin. 2007 [cited 2018 Sep 4];28. Available from: <http://fmipa.umri.ac.id/wp-content/uploads/2016/06/yuni-indri-Hipertensi-dan-obesitas.pdf>
6. Dewi ACN, Mahmudiono T. Hubungan Pola Makan, Aktifitas Fisik, Sikap, dan Pengetahuan Tentang Obesitas dengan Status Gizi Pegawai Negeri Sipil di Kantor Dinas Kesehatan Provinsi Jawa Timur. J Media Gizi Indones [Internet]. 2013 [cited 2018 Sep 5];9(1):42–8. Available from: <http://journal.unair.ac.id/download-fullpapers-mgi512ac5572ffull.pdf>
7. De Lorenzo A, Soldati L, Sarlo F, Calvani M, Di Lorenzo N, Di Renzo L. New obesity classification criteria as a tool for bariatric surgery indication. World J Gastroenterol [Internet]. 2016 Jan 14 [cited 2018 Oct 1];22(2):681–703. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/26811617>
8. WHO. Obesity. 2015 [cited 2018 Oct 1]; Available from: http://www.who.int/gho/ncd/risk_factors/obesity_text/en/.
9. Guna D, Syarat M, Mencapai G, Keperawatan S, Program P, Ilmu S, et al. Naskah Publikasi [Internet]. [cited 2018 Sep 29]. Available from: http://digilib.unisyogya.ac.id/2533/1/NASKAH_PUBLIKASI.pdf
10. WHO. Obesity and Overweight [Internet]. 2018 [cited 2018 Oct 11]. Available from: <http://www.who.int/news-room/fact-sheets/detail/Obesity-and-overweight>
11. Rupang I, Opod H, Sinolungan J. HUBUNGAN TINGKAT KEPERCAYAAN DIRI DENGAN OBESITAS PADA SISWA SMA REX MUNDI MANADO. J e-Biomedik [Internet]. 2013 [cited 2018 Oct 1];1(1). Available from: <https://ejournal.unsrat.ac.id/index.php/ebiomedik/article/view/4371/3900>
12. Provinsi L, Selatan S, Penelitian B, Kesehatan P. Riset Kesehatan Dasar (RISKESDAS) 2007 [Internet]. 2008 [cited 2018 Oct 11]. Available from: <http://biofarmaka.ipb.ac.id/biofarmaka/2014/Riskesdas2007 - Province Report 73 SULSEL.pdf>
13. WHO. Obesity: preventing and managing the global epidemic. WHO. 2015;

14. Kosnayani AS, Aisyah IS. Faktor Risiko Yang Berhubungan Dengan Obesitas Remaja (Studi pada Mahasiswa Fakultas Ilmu Kesehatan Universitas Siliwangi Tasikmalaya Tahun 2016). J Siliwangi Seri Sains dan Teknol [Internet]. 2017 Jan 26 [cited 2018 Sep 28];2(2). Available from: <http://jurnal.unsil.ac.id/index.php/jssainstek/article/view/100/70>
15. Wulandari S, Lestari H, Fachlevy AF. Faktor Yang Berhubungan Dengan Kejadian Obesitas Pada Remaja Di Sma Negeri 4 Kendari Tahun 2016 [Internet]. [cited 2018 Oct 24]. Available from: <https://media.neliti.com/media/publications/186655-ID-faktor-yang-berhubungan-dengan-kejadian.pdf>
16. Putri SAP. Penyesuaian Diri Pada Remaja Obesitas Ditinjau Dari Kematangan Emosi dan Jenis Kelamin. Maj Ilm Inform. 2010;1(2).
17. WHO. Obesity and Overweight. Western Pacific 2019 Available from :http://www.who.int/gho/ncd/risk_factors/obesity_text/en/.
18. Kementerian Kesehatan RI JHR. Artikel Penelitian 330 Alamat Korespondensi: Winne Widiantini, Pusat Data dan Informasi Sekjen [Internet]. [cited 2018 Oct 16]. Available from: <https://media.neliti.com/media/publications/39782-ID-aktifitas-fisik-stres-dan-obesitas-pada-pegawai-negeri-sipil.pdf>
19. Kanter R, Caballero B. Global Gender Disparities in Obesity: A Review. Adv Nutr [Internet]. 2012 Jul 1 [cited 2018 Oct 3];3(4):491–8. Available from: <https://academic.oup.com/advances/article/3/4/491/4591492>
20. Fitri Dian RE. faktor resiko obesitas dan tingkat obesitas pada anak sekolah dasar banda aceh. Idea Nurs J [Internet]. 1941 [cited 2018 Oct 3];3(2). Available from: <http://www.jurnal.unsyiah.ac.id/INJ/article/view/1583/1464>
21. Pratiwi AP, Budi Nugroho P. Hubungan gaya hidup dengan obesitas pada remaja SMP sederajat. 2017 [cited 2018 Oct 24];3:1–8. Available from: <https://journal.stikespemkabjombang.ac.id/index.php/jikep/article/view/98/96>
22. Pada O, Di R, Negeri SMA, Soputan VC. Hubungan Kebiasaan Menonton Televisi Dengan Obesitas. 2018;6.
23. Myorisina S, Rokhanawati D. Hubungan Pola Makan Dengan Obesitas Pada Remaja Putri Di Sma Muhammadiyah 3 Yogyakarta Tahun 2010 [Internet]. [cited 2018 Oct 27]. Available from: http://digilib.unisyogya.ac.id/1673/1/naskah_publikasi_sanora.pdf
24. Heryanti E, Ui F. kebiasaan makan cepat saji, aktifitas fisik dan faktor lainnya dengan status gizi pada mahasiswa penghuni asrama UI Depok. Universitas Indonesia [Internet]. 2009 [cited 2018 Oct 16]. Available from:http://lib.ui.ac.id/file?file=digital/126539-S-5773-Kebiasaan_makan-HA.pdf
25. Center for Young Women's Health. F. Calorie Content of Fast Food versus a Home-Cooked Meal [Internet]. [cited 2018 Nov 10]. Available from: <https://www.infoplease.com/science-health/health/fat-and-calorie-content-fast-food-versus-home-cooked-meal>
26. Wahyu DW. kualitas tidur dengan Obesitas. 2012. p. 14.
27. Sinaga YY, Bebasari E, Ernalia Y. Hubungan Kualitas Tidur Dengan Obesitas Mahasiswa Fakultas Kedokteran Universitas Riau Angkatan 2014 [Internet]. Vol. 2, Jom FK. 2015 [cited 2018 Oct 28]. Available from: <https://media.neliti.com/media/publications/186018-ID-hubungan->

[kualitas-tidur-dengan-obesitas.pdf](#)

28. Nur S, Toharin R, Cahyati WH, Zainafree I, Ilmu J, Masyarakat K, et al. Unnes Journal of Public Health. 2015;3(2):1–8. Available from: <http://journal.unnes.ac.id/sju/index.php/uiph>
29. Dare S, Mackay DF, Pell JP. Relationship between smoking and obesity: a cross-sectional study of 499,504 middle-aged adults in the UK general population. PLoS One [Internet]. 2015 [cited 2018 Oct 28];10(4):e0123579. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/25886648>
30. Reynaldy R, Nelly P, Tati M, Program P, Keperawatan SI, Kedokteran F. Hubungan Pendapatan Keluarga Dengan Kejadian Obesitas Pada Anak Sekolah Dasar Dikota Manado [Internet]. [cited 2018 Nov 5]. Available from: <https://media.neliti.com/media/publications/110322-ID-hubungan-pendapatan-keluarga-dengan-keja.pdf>
31. World Health Organisation. Global Strategy on Diet, Physical Activity and Health. World Heal Organ [Internet]. 2018;1–3. Available from: http://www.who.int/dietphysicalactivity/childhood_what/en/
32. World Health Organization. Global Strategy on Diet , Physical Activity and Health Physical Inactivity : A Global Public Health Problem. Phys Act Heal [Internet]. 2013;1–2. Available from: http://www.who.int/dietphysicalactivity/factsheet_inactivity/en/index.html
33. Gummelt DP. Physical Activity vs. Exercise: What's the Difference? [Internet]. 2015 [cited 2018 Nov 10]. Available from: <https://www.acefitness.org/education-and-resources/lifestyle/blog/5460/physical-activity-vs-exercise-what-s-the-difference>
34. Emelia R, Malonda NSH, Kapantow NH, Kesehatan F, Universitas M, Ratulangi S, et al. Hubungan Antara Aktifitas Fisik Dengan Obesitas Pada Siswa Di Sma Negeri 1 Kota Bitung [Internet]. [cited 2018 Oct 17]. Available from: <http://medkesfkm.unsrat.ac.id/wp-content/uploads/2016/11/JURNAL-Retno-Emelia.pdf>
35. Nurcahyo. Dosen Jurusan Pendidikan Olahraga FIK UNY F. Kaitan Antara Obesitas Dan Aktifitas Fisik [Internet]. [cited 2018 Oct 28]. Available from: <https://journal.uny.ac.id/index.php/medikora/article/viewFile/4663/4012>
36. Equivalents M, Met O. Global Strategy on Diet , Physical Activity and Health What is Moderate - intensity and Vigorous - intensity Physical Activity ? 2016;5–6.
37. Kawengian SES, Fakultas BG, Universitas K, Ratulangi S. Hubungan Antara Aktifitas Fisik Dengan Obesitas Pada Wanita Usia Subur Peserta Jamkesmas Di Puskesmas Wawonasa Kecamatan Singkil Manado 1 Meiriyani Deliana Novitasary 2 Nelly Mayulu [Internet]. Vol. 1, Jurnal e-Biomedik (eBM). 2013 [cited 2018 Oct 16]. Available from: <https://media.neliti.com/media/publications/64080-ID-hubungan-antara-aktifitas-fisik-dengan-o.pdf>
38. Nugroho K, Gresty M, Masi NM. Hubungan Aktifitas Fisik Dan Pola Makan Dengan Perubahan Indeks Massa Tubuh Pada Mahasiswa Semester 2 Programstudi Ilmu Keperawatan Fakultas Kedokteran [Internet]. Vol. 4, e-journal Keperawatan(e-Kp. 2016 [cited 2018 Nov 15].

Available from: <https://media.neliti.com/media/publications/105746-ID-hubungan-aktifitas-fisik-dan-pola-makan.pdf>

39. Nadimin, Ayuma, Fajarwati. Obesity an Adults Poor Family in Sub District Lembang District Pinrang 2015
40. Jurnal Gizi . Obesitas. Diunduh dari: http://id.scribd.com. Akses: 23 September 2015.
41. Mira Maged Mohamed Abu-elenin, Asmaa Abd Elraheem Omar Atalla, Rania Mostafa El-Salamy. Cigarette smoking among medical student and some associated risk factors.
42. Chiolero A, Faeh D, Paccaud F, Cornuz J., Consequences of smoking for body weight, body fat distribution, and insulin resistance. 2008 Am J Clin Nutr. 87:801-809.
43. Sugianti. Elya. Hardiansyah., dan Afriansyah. 2009. Faktor resiko obesitas sentral pada orang dewasa di DKI Jakarta. Gizi Indo 2009, 32 (2):105-116.
44. <https://media.neliti.com/media/publications/186018-ID-hubungan-kualitas-tidur-dengan-obesitas.pdf>
45. Garaulet M. et.al. Short sleep duration is associated with increased obesity markers in European adolescents: effect of physical activity and dietary habits. The HELENA study. Pediatric original article. International Journal of Obesity (2011) 35, 1308–1317.
46. Taheri S., Lin L., Austin D., Young T., Mignot, E. Short sleep duration is associated with reduced leptin, elevated ghrelin, and increased body mass index. Plos medicine. Volume 1. Issue 3. 2004.
47. Herrick H. The Association of Insufficient Sleep with Smoking Obesity, Physical Inactivity, and Poor Quality of Life: Results from the 2008 North Carolina Behavioral Risk Factor Surveillance System (BRFSS) Survey. Statistic brief. A publication of the state center for health statistics. Departement of health and human services. Division of public health. State of North Carolina. April 2010. No 35.
48. Cauter EV, Knutson KL. Sleep and The Epidemic of Obesity in Children and Adults. European Journal of Endocrinology 159. Suppl 1 (2008): S59-S66.
49. Jurnal Ilmu Kesehatan Masyarakat. Status Gizi dan Aktifitas Fisik dengan Status Hidrasi pada Remaja. Jambi. 2018.
50. Anam MS. Pengaruh intervensi diet dan olahraga terhadap indeks masa tubuh, kesegaran jasmani, hsCRP dan profil lipid pada anak obesitas [tesis]. Semarang: Program Pasca Sarjana Magister Ilmu Biomedik dan Program Pendidikan Dokter Spesialis Ilmu Kesehatan Anak Fakultas Kedokteran Universitas Diponegoro;2010.
51. Mexitalia M, Utari A, Sakundarno M, Yamauchi T, Subagio HW, Soemantri A. Sindroma metabolik pada remaja obesitas. Medika Media Indonesia. 2009.;43:300-5.
52. Adityawarman, Mexitalia. Hubungan Aktifitas Fisik dengan Komposisi Tubuh pada Remaja [artikel Semarang: Fakultas Universitas Diponegoro; 2007. penelitian].
53. Hamrik Z. et al. Physical activity and sedentary behavior in Czech adults: Results from the GPAQ study. European Journal of Sport Science. 2014. 14. Hlm. 193-198.
54. World Health Organization. Global Physical Activity Questionnaire (GPAQ). Geneva; 2010)

55. Singh, A. & Purohit, B. (2011). Evaluation of Global Physical Activity Question (GPAQ) among Healthy and Obese Health Professionals in Central India. Baltic Journal of Health and Physical Activity. 3. Hlm. 34-43.
56. Dugdill, L., Crone, D., & Murphy, R. (2009). Physical Activity and Health Promotion: Evidence-based Approaches to Practice. Chichester: Wiley-Blackwell.
57. Anonimous. Faktor faktor resiko terhadap Obesitas. Diunduh dari: <http://repository.usu.ac.id/bitstream/2015>.
58. Sudikno, Milla H, Besral. Hubungan aktifitas fisik dengan kejadian obesitas pada orang dewasa di indonesia (Analisis data Riskesdas 2007).
59. Wirakusumah, Emma S. Cara Aman dan Efektif Menurunkan Berat Badan, Gramedia, Jakarta. 2005
60. Kantachuvessiri A, Sirivichayakul C, KaewKungwal J, Tungtrongchitr R, Lotrakul M. Factors associated with obesity among workers in a metropolitan waterworks authority. Southeast Asian J Trop Med Public Health. 2005, 36(4): 1057—65.
61. Hidayati, Siti N, Irawan R dan Hidayati B. Obesitas pada anak. www.pediatrik.com. 2010