

## DAFTAR PUSTAKA

1. Segula D. Complications of obesity in adults: A short review of the literature. *Malawi Med J.* 2014;26(1):20–4.
2. World Health Organization. Obesity and overweight [Internet]. 2018. Available from: <http://www.who.int/mediacentre/factsheets/fs311/en/>
3. Badan Penelitian dan Pengembangan Kemenkes RI. Riset Kesehatan Dasar (RisKesDas) 2013. 2013;224–7.
4. CDC. National Health and Nutrition Examination Survey (NHANES) Anthropometry Procedures Manual. CDC; 2007.
5. Gibson RS. Principles of Nutritional Assessment. 2nd ed. Oxford University Press; 2005.
6. Udayar SE, Kumar KR, Kumar BAP. Study of cardiovascular risk factors among transport drivers in rural area of Andhra Pradesh. *Natl J Community Med.* 2015;6(4):566–70.
7. Nutritional status in food and nutrition [Internet]. Home science; 91–110 p. Available from: <http://www.llu.com/nutrition/vegguide.html#food>
8. Purnell JQ. Definitions, Classification, and Epidemiology of Obesity. MDText.com, Inc; 2018.
9. World Health Organization. Redefining obesity and its treatment. 2000.
10. Ghanta RK, LaPar DJ, Qianzi Z. Obesity Increases Risk-Adjusted Morbidity, Mortality, and Cost Following Cardiac Surgery. *Am Heart Assoc.* 2017;1–8.
11. National Center for Biotechnology Information. Overweight and Obesity. Available from: <https://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0063069/>
12. Hill OJ, Wyatt HR, Peters JC. Energy balance and obesity. *Am Heart Aessoc.* 2012;126–9.
13. Singh M. Mood, food and obesity. *Front Psychol.* 2014;5:1–20.
14. Hargens TA, Kaleth AS, Edwards ES. Association between sleep disorders, obesity, and exercise: *Nat Sci Sleep.* 2013;5:27–35.
15. Perkins KA. Metabolic effects of cigarette smoking. *Am Physiol Soc.* 2018;401–9.
16. Dyer A, Elliott P, Stamler J. Dietary intake in male and female smokers, ex-smokers, and never smokers: *J Hum Hypertens.* 2003;17:641–54.
17. Dempfle, A, Hinney A, Heinzel-Gutenbrunner M. Large quantitative effect of melanocortin-4 receptor gene mutations on body mass index. *J Med Genet.* 2004;41:795–800.
18. Lombard Z, Crowther NJ, Lize van der M. Appetite regulation genes are associated with body mass index in black South African adolescents: a genetic association study. *BMJ Open.* 2012;2:1–9.
19. Goh LGH, Dhaliwal SS, Welborn TA. Anthropometric measurements of general and central obesity and the prediction of cardiovascular disease risk in women: a cross-sectional study. *BMJ Open.* 2014;4:1–9.
20. World Health Organization. Waist Circumference and Waist-Hip Ratio. 2008.

21. Tripaldi R, Stuppia L, Alberti S. Human height genes and cancer. *Biochimica et biophysica acta*; 2013. 27–41 p.
22. National Heart, Lung and Blood Institute. Assessing Your Weight and Health Risk [Internet]. Available from: [https://www.nhlbi.nih.gov/health/educational/lose\\_wt/risk.htm](https://www.nhlbi.nih.gov/health/educational/lose_wt/risk.htm)
23. National Heart, Lung and Blood Institute. Guidelines on Overweight and Obesity. [Internet]. Available from: [https://www.nhlbi.nih.gov/health-pro/guidelines/current/obesity-guidelines/e\\_textbook/txgd/4142.htm](https://www.nhlbi.nih.gov/health-pro/guidelines/current/obesity-guidelines/e_textbook/txgd/4142.htm).
24. Badan Penelitian dan Pengembangan Kemenkes RI. Riset kesehatan dasar 2007 Pedoman pengukuran dan pemeriksaan. 2017.
25. Panggabean DN, Sudaryat E, Aritonang EY. Gambaran gaya hidup dan pola konsumsi makanan serta status gizi pada sopir bus mini CV. SBI (Sibuluan Indah) dan CV. Flores Trayek Medan-Sibolga tahun 2016. 2016;1–9.
26. Musbyarini K, Anwar F, Dwiriani CM. Gaya hidup dan status kesehatan sopir bus Sumber Alam di Kabupaten Purworejo, Jawa Tengah. *J Gizi Dan Pangan*. 2010;5(1):6–14.
27. Seung YS, Chul GL, Han SS. Cardiovascular Disease Risk of Bus Drivers in a City of Korea. *Ann Occup Environ Med*. 2013;25(34):1–9.
28. Brown, T, Milavetz G, Murry DJ. Alcohol, Drugs and Driving: Implications for Evaluating Driver Impairment. *Ann Adv Automot Med*. 2013;57:23–32.
29. Einother SJ, Martens VE. Acute effects of tea consumption on attention and mood. *Am J Clin Nutr*. 2013;98:1701–8.
30. Mahan LK, Escott-Stump S, Raymond JL. Krause's food and the nutrition care process. 13th ed. Elsevier; 2012.
31. Lemke MK, Apostolopoulos Y, Hege A. Work, sleep, and cholesterol levels of U.S. long-haul truck drivers. *Natl Inst Occup Saf Health*. 55:149–61.
32. Eriyanti P, Handayani P. Faktor-faktor yang mempengaruhi kejadian hipertensi pada pengemudi bus AKAP dan AKDP di terminal Poris Plawad Kota Tangerang tahun 2018. 2018;1–7.
33. Li CY, Ford ES, Mokdad AH. Recent Trends in Waist Circumference and Waist- Height Ratio Among US Children and Adolescents. *Am Acad Pediatr*. 2006;118(5):1390–8.
34. Ford ES, Mokdad AH, Giles WH. Trends in Waist Circumference among U.S. Adults. *NAASO*. 2003;11:1223–31.
35. Westphal SA. Obesity, Abdominal Obesity, and Insulin Resistance. *Clin Cornerstone*. 2008;9:23–31.
36. Badan Penelitian dan Pengembangan Kemenkes RI. Laporan hasil riset kesehatan dasar RISKESDAS provinsi Sumatera Selatan tahun 2007. 2007.