

## DAFTAR PUSTAKA

1. Park JB, Kario K, Wang JG. Systolic hypertension: An increasing clinical challenge in Asia. *Hypertens Res*. Nature Publishing Group; 2015;38(4):227–36. Available from: <http://dx.doi.org/10.1038/hr.2014.169>
2. Health C, Collection I. Cardiovascular Disease Office of Research on Women's Health National Institutes of Health. *Off Res women's Heal*. 2012;12(7680).
3. World Health Organization. Raised blood pressure [Internet]. World Health Organization. 2011. p. 39–40. Available from: [http://www.who.int/gho/ncd/risk\\_factors/blood\\_pressure\\_prevalence\\_text/en/](http://www.who.int/gho/ncd/risk_factors/blood_pressure_prevalence_text/en/)
4. Kementerian Kesehatan Republik Indonesia. Hasil UTAMA RISKESDAS 2018 [Internet]. *Depkes.go.id*. 2018. pp.64-65. Available from: <http://www.depkes.go.id/resources/download/info-terkini/hasil-risikesdas-2018.pdf>
5. Shaidah JB. Risk Factors Of Hypertension Among Security Officers of The University Of Ghana, Legon Campus [Internet]. University of Ghana Digital Collections (UGSpace). 2016. Available from: <http://ugspace.ug.edu.gh/>
6. Kartika TA, Utari DM. Faktor Dominan Kejadian Pre Hipertensi dan Hipertensi pada Petugas Satpam Laki-Laki Universitas Indonesia Tahun 2014. Departemen Ilmu Gizi, Fakultas Kesehatan Masyarakat, Universitas Indonesia. 2014.
7. Anchala R, Kannuri NK, Pant H, Khan H, Franco OH, Di Angelantonio E, et al. Hypertension in India: A systematic review and meta-analysis of prevalence, awareness, and control of hypertension. *J Hypertens*. 2014;32(6):1170–7.
8. NHLBI. High Blood Pressure | National Heart, Lung, and Blood Institute (NHLBI) [Internet]. Available from: <https://www.nhlbi.nih.gov/health-topics/high-blood-pressure>
9. Joffres M, Falaschetti E, Gillespie C, Robitaille C, Loustalot F, Poulter N, et al. Hypertension prevalence, awareness, treatment and control in national surveys from England, the USA and Canada, and correlation with stroke and ischaemic heart disease mortality: A cross-sectional study. *BMJ Open*. 2013;3(8):1–9.
10. Landsberg L, Aronne LJ, Beilin LJ, Burke V, Igel LI, Lloyd-Jones D, et al. Obesity-Related Hypertension: Pathogenesis, Cardiovascular Risk, and Treatment. *J Clin Hypertens*. 2013;15(1):14–33. Available from: <http://doi.wiley.com/10.1111/jch.12049>
11. Dwivedi GN, Sethi S, Singh R, Singh S. Association of blood pressure with body mass index and waist circumference in adolescents. *Int J Contemp Pediatr*. 2016;3(3):971–6.
12. Centers for Disease Control and Prevention. About Adult BMI | Healthy Weight | CDC [Internet]. Centers for Disease Control and Prevention. 2015. Available from: [https://www.cdc.gov/healthyweight/assessing/bmi/adult\\_bmi/index.html](https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/index.html)
13. WHO Western Pacific | World Health Organization. The Asia-Pacific perspective: Redefining obesity and its treatment [Internet]. *Wpro.who.int*.

2000. Available from: <http://www.wpro.who.int/nutrition/documents/docs/Redefiningobesity>
14. Syarifudin A, Nurmala EE. Hubungan Lingkar Pinggang dan Indeks Massa Tubuh Dengan Hipertensi pada Polisi Laki-Laki di Purworejo Jawa Tengah. 2015;VI:178–82.
  15. Ashwell M, Gibson S. Waist-to-height ratio as an indicator of early health risk: Simpler and more predictive than using a matrix based on BMI and waist circumference. *BMJ Open*. 2016;6(3).
  16. Shetty D, Kumanyika P, Tin-Choi Ko D, Lear P, Sorensen P, Zimmet P et al. Waist circumference and waist-hip ratio. Geneva: World Health Organization; 2011.
  17. American Heart Association. What is High Blood Pressure? [Internet]. [www.heart.org](http://www.heart.org). 2016. Available from: <http://www.heart.org>
  18. Mills KT, Bundy JD, Kelly TN, Reed JE, Kearney PM, Reynolds K, et al. HHS Public Access. *Pmc*. 2017;134(6):441–50.
  19. Meena S Madhur, Kamran Riaz, Albert W Dreisbach DGH. Hypertension: Practice Essentials, Background, Pathophysiology [Internet]. Available from: <http://emedicine.medscape.com/article/241381>
  20. Widjaja FF, Santoso LA, Barus NRV, Pradana GA, Estetika C. Prehypertension and hypertension among young Indonesian adults at a primary health care in a rural area. *Med J Indones* [Internet]. 2013;22(1):39. Available from: <http://mji.ui.ac.id/journal/index.php/mji/article/view/519>
  21. Saing JH. Hipertensi pada Remaja. *Sari Pediatr*. 2005;6(4):159–65
  22. Fuchs FD. Why do black Americans have higher prevalence of hypertension?: An enigma still unsolved. *Hypertension*. 2011;57(3):379–80.
  23. Williams SF. African Americans, hypertension and the renin angiotensin system. *World J Cardiol* [Internet]. 2014;6(9):878. Available from: <http://www.wjgnet.com/1949-8462/full/v6/i9/878.htm>
  24. Sesso HD, Cook NR, Buring JE, Manson JE, Gaziano JM. Alcohol Consumption and the Risk of Hypertension in Women and Men. *Hypertension* [Internet]. 2008;51(4):1080–7. Available from: <http://hyper.ahajournals.org/cgi/doi/10.1161/HypertensionAHA.107.104968>
  25. Setyanda, G.o.Y., Sulastrri, D., Lestari Y. Hubungan Merokok dengan Kejadian Hipertensi pada Laki- Laki Usia 35-65 Tahun di Kota Padang. *J Kesehatan Andalas*. 2015;4(2):434–40.
  26. Thuy AB, Blizzard L, Schmidt MD, Luc PH, Granger RH, Dwyer T. The association between smoking and hypertension in a population-based sample of Vietnamese men. *J Hypertens*. 2010;28(2):245–50.
  27. Bowman TS, Gaziano JM, Buring JE, Sesso HD. A Prospective Study of Cigarette Smoking and Risk of Incident Hypertension in Women. *J Am Coll Cardiol*. 2007;50(21):2085–92.
  28. WHO EMRO | High blood pressure and the role of primary health care | World Health Day 2013 | World Health Days [Internet]. Available from: <http://www.emro.who.int/media/world-health-day/phc-factsheet-2013.html>
  29. Diaz K, Shimbo D. Physical Activity and the Prevention of Hypertension. *Current Hypertension Reports*. 2013;15(6):659-668.
  30. Klein S, Allison DB, Heymsfield SB, Kelley DE, Leibel RL, Nonas C, et al. Waist Circumference and Cardiometabolic Risk: A Consensus Statement from

- Shaping America's Health: Association for Weight Management and Obesity Prevention; NAASO, The Obesity Society; the American Society for Nutrition; and the American Diabetes Association. *Diabetes Care* [Internet]. 2007;30(6):1647–52. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/17360974>
31. Kotchen TA. Obesity-related hypertension: Epidemiology, pathophysiology, and clinical management. *Am J Hypertens* [Internet]. 2010;23(11):1170–8. Available from: <http://dx.doi.org/10.1038/ajh.2010.172>
  32. Aronow WS. Association of obesity with hypertension. *Ann Transl Med* [Internet]. 2017;5(17):350–350. Available from: <http://atm.amegroups.com/article/view/15832/16264>
  33. Kotsis V, Stabouli S, Papakatsika S, Rizos Z, Parati G. Mechanisms of obesity-induced hypertension. *Hypertens Res* [Internet]. 2010;33(5):386–93. Available from: <http://dx.doi.org/10.1038/hr.2010.9>
  34. Ha S. Dietary Salt Intake and Hypertension. *Electrolytes & Blood Pressure*. 2014;12(1):7.
  35. Erdem Y, Arici M, Altun B, Turgan C, Sindel S, Erbay B et al. The relationship between hypertension and salt intake in Turkish population: SALTURK study. *Blood Pressure*. 2010;19(5):313-318. Jakulj F, Zernicke K, Bacon SL, Wielingen LE Van, Key BL, West SG, et al. A High-Fat Meal Increases Cardiovascular Reactivity to Psychological Stress in Healthy Young Adults. 2007;(January):935–9.
  36. Jakulj F, Zernicke K, Bacon SL, Wielingen LE Van, Key BL, West SG, et al. A High-Fat Meal Increases Cardiovascular Reactivity to Psychological Stress in Healthy Young Adults. 2007;(January):935–9.
  37. Mahan L, Raymond J. Krause's food & the nutrition care process. 14th ed. [Philadelphia, Pa.]: Elsevier; 2017. Delacroix S, Chokka RG, Worthley SG. *Journal of Neurology & Neurophysiology Hypertension : Pathophysiology and Treatment*. 2014;5(6).
  38. Delacroix S, Chokka RG, Worthley SG. *Journal of Neurology & Neurophysiology Hypertension : Pathophysiology and Treatment*. 2014;5(6).
  39. Centres for Disease Control and Prevention. Anthropometry procedures manual. *Natl Heal Nutr examinatory Surv* [Internet]. 2007;(January):102. Available from: [https://www.cdc.gov/nchs/data/nhanes/nhanes\\_07\\_08/manual\\_an.pdf](https://www.cdc.gov/nchs/data/nhanes/nhanes_07_08/manual_an.pdf) [http://www.cdc.gov/nchs/data/nhanes/nhanes\\_07\\_08/manual\\_an.pdf](http://www.cdc.gov/nchs/data/nhanes/nhanes_07_08/manual_an.pdf)
  40. Heart Foundation. Waist measurement [Internet]. National Heart Foundation of Australia. 2018. Available from: <https://www.heartfoundation.org.au/your-heart/know-your-risks/healthy-weight/waist-measurement>
  41. Vaněčková I, Maletínská L, Behuliak M, Nagelová V, Zicha J, Kuneš J. Obesity-related hypertension: possible pathophysiological mechanisms. *Journal of Endocrinology*. 2014;223(3):R63-R78.
  42. Rohkuswara T, Syarif S. Hubungan Obesitas dengan Kejadian Hipertensi Derajat 1 di Pos Pembinaan Terpadu Penyakit Tidak Menular (Posbindu PTM) Kantor Kesehatan Pelabuhan Bandung Tahun 2016.
  43. Carero, J.J. & Avesani, C. M. Pros and Cons of Body Mass Index as a Nutritional and Risk Assessment Tool in Dialysis Patients. *Semin, Dial*. 28,48-58 (2015)

44. Muller, M. J., Braun, W., Enderle, J. & Bosy-Westphal, A. Beyond BMI: Conceptual Issues Related to Overweight and Obese Patients. *Obes. Facts* 9, 193-205 (2016)
45. Sari M, Lipoeto N, Herman R. Hubungan Lingkar Abdomen (Lingkar Perut) dengan Tekanan Darah [Internet]. *Jurnal.fk.unand.ac.id*. 2016. Available from: <http://jurnal.fk.unand.ac.id/index.php/jka/article/view/539/444>
46. Sulastri D, Elmatris E, Ramadhani R. Hubungan Obesitas Dengan Kejadian Hipertensi pada Masyarakat Etnik Minangkabau di Kota Padang. *Majalah Kedokteran Andalas*. 2012;36(2):188.