

DAFTAR PUSTAKA

1. Smedje H, Broman J-E, Hetta J. Associations between disturbed sleep and behavioral difficulties in 635 children aged six to eight years: a study based on parents perceptions. European Child & Adolescent Psychiatry. 2001;10(1):1–9.
2. Pediatric Sleep Disorders [Internet]. Sickle Cell Anemia Differential Diagnoses.2018[cited2018Nov18].Availablefrom:<https://emedicine.medscape.com/article/916611-overview#a2>
3. Lukmasari A, Hartanto F, Bahtera T, Muryawan MH. Hubungan antara Gangguan Tidur dengan Gangguan Mental Emosional Anak Usia 4-6 Tahun di Semarang. Sari Pediatri. 2017;18(5):345.
4. Fricke-Oerkermann L, Pluck J, Schredl M, Heinz K, Mitschke A, Wiater A, et al. Prevalence and course of sleep problems in childhood. [Internet]. Current neurology and neuroscience reports. U.S. National Library of Medicine;2007[cited 2018Nov18]. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/17969471>
5. Canadian Pediatric Society. Creating a safe environment for your baby. 2004 November. Didapat dari: URL:<http://www.caringforkids.cps.ca/babies/safesleep.html>
6. Owens JA. Sleep disorders. In Behrman RE, Kliegman RM, Jenson HB. Nelson Textbook of Pediatrics 17th ed. United States of America: Saunders; 2004:75-8.
7. Natalita C, Sekartini R, Poesponegoro H. Skala Gangguan Tidur untuk Anak (SDSC) sebagai Instrumen Skrining Gangguan Tidur pada Anak Sekolah Lanjutan Tingkat Pertama. Sari Pediatri. 2016;12(6):365.
8. Sekartini R, Adi NP. Gangguan Tidur pada Anak Usia Bawah Tiga Tahun di Lima Kota di Indonesia. Sari Pediatri. 2016May;7(4):188.
9. Haryono A, Rindiarti A, Arianti A, Pawitri A, Ushuluddin A, Setiawati A, et al. Prevalensi Gangguan Tidur pada Remaja Usia 12-15 Tahun di Sekolah Lanjutan Tingkat Pertama. Sari Pediatri. 2016;11(3):149.

10. Children's Mental Health Report CDC [Internet]. Centers for Disease Control and Prevention. Centers for Disease Control and Prevention; [cited 2018Nov18]. Available from: <https://www.cdc.gov/childrensmentalhealth/features/kf-childrens-mental-health-report.html>
11. Ervina, Amelia. Hubungan Gangguan Tidur dengan Status Mental Emosional pada Anak Berumur 14-17 [Internet]. Home. 2016 [cited 2018Dec4]. Available from: <http://repository.usu.ac.id/handle/123456789/56315>
12. Chokroverty S. Overview of sleep & sleep disorders. [Internet]. Current neurology and neuroscience reports. U.S. National Library of Medicine; 2010 [cited2018Nov18]. Available from: <https://www.ncbi.nlm.nih.gov/pubmed/20308738>
13. Chokroverty S. An overview of normal sleep. In: Chokroverty S, editor. *Sleep disorders medicine: Basic science, technical considerations and clinical aspects*, 3rd ed. Philadelphia: Elsevier/Butterworth; 2009. Table 1.
14. Carley, D. W., & Farabi, S. S. (2016). Physiology of Sleep. *Diabetes Spectrum*, 29(1), 5–9. doi:10.2337/diaspect.29.1.5
15. Sherwood L, Ward C. Human physiology: from cells to systems. Toronto, Ontario: Nelson; 2019.
16. Hobson J, McCarley R, Wyzinski P. Sleep cycle oscillation: reciprocal discharge by two brainstem neuronal groups. *Science*. 1975 Apr;189(4196):55–58.
17. Dunmyre JR, Mashour GA, Booth V. Coupled Flip-Flop Model for REM Sleep Regulation in the Rat. *Plos one*. 2014 Oct;9(4).
18. Warning Signs of Mental Illness. [cited 2018Nov18]. Available from: <https://www.psychiatry.org/patients-families/sleep-disorders/what-are-sleep-disorders>
19. Owens JA. Sleep medicine. In: Kliegman RM, Behrman RE, Jenson HB, Stanton BF, editor. *Nelson Textbook of Pediatrics*. An 18th edition. Philadelphia: Saunders Elsevier; 2007.

20. Maslim, Rusdi. (2001). Diagnosis Gangguan Jiwa, Rujukan Ringkas PPDGJ-III dan DSM-V. Cetakan 1 – Bagian Ilmu Kedokteran Jiwa Fakultas Kedokteran Unika Atma Jaya. Jakarta: PT Nuh Jaya.
21. Natalita C, Sekartini R, Poesponegoro H. Skala Gangguan Tidur untuk Anak (SDSC) sebagai Instrumen Skrining Gangguan Tidur pada Anak Sekolah Lanjutan Tingkat Pertama. *Sari Pediatri*. 2016;12(6):365.
22. Bruni, O., Ottaviano, S., Guidetti, V., Romoli, M., Innocenzi, M., Cortesi, F., & Giannotti, F. The Sleep Disturbance Scale for Children (SDSC): Construction and validation of an instrument to evaluate sleep disturbances in childhood and adolescence. *J. (1996). Sleep Rrs*, 5, 251-261
23. Child and adolescent mental health [Internet]. World Health Organization. World Health Organization; 2018 [cited 2018Nov18]. Available from: http://www.who.int/mental_health/maternal-child/child_adolescent/en/
24. Nur M. Faktor Penyebab dan Proses Terjadinya Gangguan Mental (Predisposition Factors and Mental Process Disorder [Internet]. Academia.edu - Share research. [cited 2018Dec11]. Available from: https://www.academia.edu/6842907/Faktor_Penyebab_dan_Proses_Terjadiya_Gangguan_Mental_Predisposition_Factors_and_Mental_Process_Disorder?auto=download
25. Asher SR, Parker JG. Significance of Peer Relationship Problems in Childhood [Internet]. SpringerLink. Springer, Dordrecht; 1989 [cited 2019Jul8]. Available from: https://link.springer.com/chapter/10.1007/978-94-009-2442-0_1
26. Mahabbati A. Perilaku Bermasalah dan Racangan Intervensi Anak Tunalaras Tipe Gangguan Perilaku (Conduct Disorder) Berdasarkan Functional Behavior Assesment [Internet]. Universitas Negeri Yogyakarta; 2014 [Cited 2019Jul8]. Available from: <https://journal.uny.ac.id/index.php/dinamikapendidikan/article/view/2851/2377>

27. Kuesioner Kekuatan dan Kesulitan pada Anak [Internet]. direktorat pendidikan keluarga. [cited 2019Jul9]. Available from: <https://sahabatkeluarga.kemdikbud.go.id/kecil/kuesioner-kekuatan-dan-kesulitan-pada-anak/>
28. National Collaborating Centre for Mental Health (UK). Depression [Internet]. Current neurology and neuroscience reports. U.S. National Library of Medicine; 1970 [cited 2018Nov18]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK56440/>
29. Attention deficit hyperactivity disorder (ADHD): Overview [Internet]. Current neurology and neuroscience reports. U.S. National Library of Medicine; 2018 [cited 2018Nov18]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK321129/>
30. Strengths and Difficulties Questionnaire (SDQ) [Internet]. [cited 2018Nov18]. Available from: <http://www.leicspart.nhs.uk/Library/poilkj690.pdf>
31. Oktaviana M, Wimbarti S. Validasi Klinik *Strengths and Difficulties Questionnaire* (SDQ) sebagai Instrumen Skrining Gangguan Tingkah Laku. Jurnal Psikologi. 2014;41(1):101.
32. Scott AJ, Webb TL, Rowse G. Does improving sleep lead to better mental health? A protocol for a meta-analytic review of randomised controlled trials [Internet]. SpringerLink. Palgrave Macmillan UK; 2017 [cited 2018Dec4]. Available from: <https://dx.doi.org/10.1136/bmjopen-2017-016873>
33. Simarmata IYS, Mantik MFJ, Rampengan NH. Hubungan Status Gizi dan Gangguan Tidur pada Anak Sekolah Dasar di Kecamatan Tikala Manado [Internet]. [cited 2019May23]. Available from: <https://ejournal.unsrat.ac.id/index.php/eclinic/article/view/18569>
34. Zahara, Safitri D, Hartanto, Adyaksa, Gana. Hubungan Antara Gangguan Tidur dengan Pertumbuhan pada Anak Usia 3-6 Tahun di Kota Semarang [Internet]. Diponegoro University | Institutional Repository (UNDIP-IR). 1970 [cited 2019May23]. Available from: <http://eprints.undip.ac.id/43763/>

35. Isfandari, Siti & Suhardi, 1997. Gejala Gangguan Mental Emosional pada Anak. Pusat Penelitian Penyakit Tidak Menular, Badan Litbang Kesehatan, Depkes RI, Jakarta. Available from: <http://ejournal.litbang.depkes.go.id/index.php/BPK/article/view/301/320>
36. Short,M.A., Gradisar, M., Lack, L. C., & Wright, H.R., 2013. The impact of sleep on adolescent depressed mood, alertness and academic performance. Available from: http://www.researchgate.net/profile/Leon_Lack/publication/255709237_The_impact_of_sleep_on_adolescent_depressed_mood_alertness_and_academic_performance/links/53d5bbfd0cf2a7fbb2ea5ed9.pdf[cited2019May23]
37. Gregory, A.M., Rijsdijk, F.V., Dahl, R.E., McGuffin, P., and Eley, T.C., 2006. Associations Between Sleep Problems, Anxiety, and Depression in Twins at 8 Years of Age. Available from: <http://pediatrics.aappublications.org/content/pediatrics/118/3/1124.full.pdf> [cited 2019May23].
38. Mental Health Foundation [Internet]. Mental Health Foundation. [cited 2019May23]. Available from: <https://mentalhealthfoundation.org/>