ABSTRACT

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The Anxiety of Woman Prisoner Toward the Freedom (The study focused on the woman prisoner who will be free in the next six month). (Widya Risnawaty, M.Psi dan Dra. Ninawati, M.M.) Strata (S-1) Psychology, Tarumanagara University. (1-73, P1-P3)

The main purpose of this research is to observe the anxiety of woman prisoner which waiting for their freedom. The study will be done especially for the prisoner who will be free in the next six months. The research will be measure by Beck Anxiety Inventory (BAI) in purpose to determine most three anxiety woman prisoners to be a subject in this research. This research will be supported by the theory of several researcher theories by Beck, A. T. (1989); Baron, R. A., & Byrne, D. (2003); Davison, G. C., Neale, J. M., & Kring, A. M. (2004); Duffy, K. G. and Atwater. (2005); Hadi, P. (2004). Based on the observation, the woman prisoners (three subjects) have a huge anxiety before the freedom because of the renunciation from the environment and financial matter. Other reason of the woman prisoner anxiety before their freedom is the reaction of frightened by stay away from the environment that has known their past life like their house. Reaction of the woman prisoners are the most common reason that used to appears from three subjects beside acceptance, disobedience, and aggression attitude.

Keywords: anxiety, woman prisoner