

ABSTRACT

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Psychological Well Being Among Single Parent Women During The Menopausal Transition; (Henny E. Wirawan, M.Hum., Psi., QIA); Undergraduate Program in Psychology. University of Tarumanagara. (107 pages; R1-R3, Appdx 1-10)

The aim of this research is to give more information to people about psychological well being on single parent women during their menopausal transition. Economic problem, psychological and physical changing are the reason to make single parent in menopausal transition feel worse, stress, lonely and feel more pressure. This research is doing to four single parent woman in middle age and having a menopausal transition. This research is doing by interview method and the result are shows that economic problem and response in psychological and physical changing in this situation will affect the psychological well being during the menopausal transition. Two subjects are experience the changing in self acceptance, autonomy, and purpose in life. the other two are experience the menopausal transition more positive.

Keyword: Psychological well being, single parent, menopause, middle age