

ABSTRACT

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Adjustment of Middle Adulthood After Mild Stroke, Jakarta. (Henny E. Wirawan, M.Hum., Psi.); Department of Psychology, Undergraduate Program, Tarumanagara University. (103 pages, R1-R4).

In the middle adulthood, a man tends to injure stroke compare with a woman. Stroke is obstacle on brain function which can happen even locally or universally, that can make clogging and cracking brain blood track. Stroke can be cured perfectly, handicapped, or death. This research is discussing about mild stroke that may have similar symptoms with the real stroke. Although it just a mild stroke, the individual needs to find out the cause factors and adjusts with changing unhealthy habits that can cause the mild stroke flared up in the future. If flared up, the stroke can be worst and handicapped. The research using this interview technique is done within five middle adulthoods or late adult which they ever injured mild stroke in the middle adult moment. In this research found that the mild stroke can make different causes on its individual, therefore it also needs the different adjustment.

Keywords: Adjustment, mild stroke.