HUBUNGAN ANTARA PERILAKU PROSOSIAL DAN KEPUASAN HIDUP PADA RELAWAN (STUDI DI YAYASAN BUDDHA TZU CHI INDONESIA)

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ABSTRACT

Correlation Among Pro Social Behavior and Life Satisfaction of Volunteer (Study in Buddhist Compassion Relief Tzu Chi Foundation in Indonesia);

The purpose of this study is to examine the correlation among between pro social behavior and life satisfaction of volunteer. Pro social behavior refers to voluntary actions that are intended to help or benefit another individual or group of individuals. Therefore, the goal of pro social behavior is to benefit others, yet some researchers found that pro social behavior is not merely to benefit others, there are also some privileges to helper, such as life satisfaction. Life satisfaction is the degree to which a person positively evaluates the overall quality of his/her life as-a-whole. The participants of this study has taken 145 subjects which consists of men and women, 15-74 years old, and registered as a volunteer at Buddhist Compassion Relief Tzu Chi Foundation in Indonesia at least for a year. The method that used in this research is non-probability with convenience sampling. The result shows that there is significant correlation among between pro social behavior and life satisfaction (r = 0.24; p = 0.01 < 0.05), The higher pro social behavior of volunteer, the higher life satisfaction. And vice versa, the lower pro social behavior of volunteer, the lower life satisfaction.

Keyword: Pro social behavior and life satisfaction.