

Abstract

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Correlation between Conformity and Self-Regulation in Early and Middle Adolescence; Sesilia Monika, M.Psi. & Erik Wijaya, M.Si. Undergraduate Program in Psychology, Tarumanagara University, (i-xii; 54 pages, P1-P4, L1-L48).

Conformity is the act of imitating the behavior to the expectations of a group or society. Conformity is common in adolescents, especially adolescent age range early and middle teens, and is a necessity in the lives of adolescents. Conformity can sometimes be a negative effects for adolescents themselves so that the ability of self-regulation is an important factor for teens to control their behavior. This study aims to determine the correlation between conformity and self-regulation in early and middle adolescence. This study included 300 participants who have study in junior high school, in the age range 12-16 years. The research was conducted in Jakarta by using convenience sampling technique that was conducted in March 2013. The results showed that conformity and self-regulation has a negative correlation with $r = -0,151$, $p = 0,009$, which means the higher conformity the lower of self-regulation, so instead.

Keywords: Conformity, Self-Regulation, Early Adolescence, Middle Adolescence