

## ABSTRACT

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**Resilience of Middle Adult Woman Who Taking Care Her Mother with Dementia; Miniwaty Halim, M.Psi; Undergraduate Program in Psychology, Tarumanagara University, (i-x; 92 Pages; R1-R2; Appdx 1-19)**

Taking care parents with dementia is something hard and burdensome, especially for a woman who are married. This research aims to describe resilience of middle adult woman who taking care her mother with dementia disease. "Resilience is ability to persevere and adapt when things go awry" (Reivich & Shatte, 2002, p.1). Resilience is needed by a woman who taking care her mother with dementia for overcome the caregiver burden. The method in this study called in-depth interview to three middle adult woman (age 51-55 years old) who taking care her mother with dementia disease. This study shows that three subjects have objective and subjective burden while she taking care her mother. Objective and subjective burdens change along with the stage of caregiving. In general, those three subject also have different ability in resilience factor to overcome the *caregiver burden* that appear. The resilience not influenced by the stage of caregiving.

*Keywords: Resiliency, Caregiver Burden, Mother with Dementia, and Middle Adult Woman*