

ABSTRACT

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The Adjustment Concept of Young Adulthood Women that Have a Divorce Parents; Widya Risnawaty, M.Psi. Undergraduate Program in Psychology, Tarumanagara University, (i-xii; 110 pages , P1 – P3 , Appdx 1-18).

One of the life events that led to major changes in family life is divorce. Divorce not only cause psychological distress for parents but also for the child in the family. Wallerstein study results showed that the greatest impact of children felt when they entered young adulthood. Young adult women who have a background of divorce parents definitely need adjustment, especially 0-5 years after the events of the divorce. Psychological adjustment is the process of a person to adapt, overcome, and manage any challenges of everyday life (Santrock, 2006). The aim of this study is to describe the adjustment of young adulthood women with a background of parents who divorced. In-depth interviews conducted on five young women, with an age range of 20-25 years. The research took time from March 2014 until June 2014. Results of this study showed that four out of five young adult woman capable of adapt well. In general, subjects could accept their backgrounds of divorced parents and can adjust with the environment.

Keywords: adjustment, young adulthood women, divorce.