

ABSTRACT

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The *Self-Determination Concept of Young Adulthood Professional Dancer* ; Dr. Fransisca Iriani R.D, M.Si & Linda Wati M.Psi. Undergraduate Program in Psychology, Tarumanagara University, (i-x; 86 pages , R1 – R2 , Appdx 1-18).

Dance can become a profession for young adulthood individual who have start to entering work community. Some dancers was succeed in becoming professional dancers because they have strong motivation. Self-determination theory is discussing about how motivation affect individual work attitude. The main purpose of this research is to find out the *self-determination* concept of young adulthood professional dancer. The research subject was 4 dancers, with a range of age from 20-40 years old in Jakarta. The research took time from March until June 2014. The result of the research is showing that all 4 dancers are showing self-determination in their career as professional dancers. All 4 dancers are professional dancer who show three self-determination factors which is autonomy, relatedness, and competence. The subjects' professionalism can be seen from their competence winning dance competition and become judges for dance competition. All 4 dancers are showing stronger intrinsic motivation than their extrinsic motivation. All subjects also have their own value to undergo their career as dancer based on their own choice. All subjects are also showing intrinsic goal, even though each of their goals are different.

Keywords: self-determination, professional dancer,