

ABSTRACT

MARTHA CHRISTINA

The Differences of Coping Stress based on Locus of Control (Study in Part-timer College Student). (P. Tommy Y. S. Suyasa, M.Si., Psi.); Bachelor Degree of Psychology, Faculty of Psychology, Tarumanagara University, 85 pages, R1-R6, Appdx1-Appdx82.

Coping stress is individual effort to overcome stressors by using their inner resources or their environment that consciously has done to improve themselves to be better. Locus of control is individual perception about primary cause of life event. The purpose of this research is to get an explanation about the differences of coping stress based on locus of control in part-timer college student. This research has done to 250 part-timer college students. Data has taken by questionnaires and has been analyzed by SPSS program version 13. The result show that there is a differences of coping stress based on locus of control in part-timer college student. The most common coping stress type in this research are praying, acceptance, and social support. Based on this research stress level in women is higher than men and the most influence stressor is time.

Keyword: coping stress, locus of control, part-timer college student.