

Pengaruh Edukasi Kelompok *Career Development* terhadap Perencanaan Karir dan *Parental Involvement* pada Siswa Kelas XI di SMA X di Jakarta

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Abstrak

Tujuan penelitian ini adalah ingin melihat pengaruh intervensi perencanaan karir yang membantu siswa merancang perencanaan karir di masa depan serta keterlibatan orangtua, sehingga siswa dapat menentukan pilihan program studi kuliah yang dituju sesuai dengan rencana karirnya di masa depan. Dalam penelitian ini, terdapat dua buah variabel terpengaruh yaitu variabel perencanaan karir dan variabel *parental involvement*. Perencanaan karir adalah suatu proses yang dilalui oleh remaja terkait dengan pemilihan karir di masa depan, mulai dari membuat perencanaan target bidang pekerjaan atau karir yang akan ditekuni di masa depan hingga melakukan pemilihan program studi yang sesuai dengan rencana karirnya tersebut. *Parental involvement* adalah keterlibatan orangtua dalam membantu dan mendukung siswa untuk membuat perencanaan karir di masa depan yang dilakukan dengan cara memberikan saran-saran dan informasi yang berguna bagi siswa, namun bukan sebagai pengambil keputusan, sehingga pada nantinya siswa dapat memilih program studi yang sesuai dengan rencana karirnya tersebut. Jumlah sampel penelitian sebanyak 8 subjek dengan teknik pengambilan sampel *purposive sampling*. Penelitian ini merupakan penelitian *quasi experiment* dengan menggunakan metode analisis data melalui pendekatan kuantitatif dan kualitatif. Kesimpulan dari hasil penelitian menunjukkan bahwa tidak terdapat pengaruh edukasi kelompok *career development* terhadap perencanaan karir dan *parental involvement* pada subjek penelitian. Walaupun demikian, ditemukan bahwa terdapat variasi dinamika komponen *career development* dan *parental involvement* antar subjek dalam Kelompok Eksperimen.

Kata Kunci : *career development*, *parental involvement*, perencanaan karir

**Influence of Education Group of Career Development on Career Planning
and Parental Involvement on Class XI Students in some of High
School in Jakarta**

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Abstract

The purpose of this research is to see the influence of career planning intervention for helping students to design career planning in their future and parental involvement, so that student can confidently pick the intended subject according to their career planning. In this research, there are two dependent variables. First is career planning variable and the second is parental involvement variable. Career planning is a process which is through by the related teenager with the selection of a career in the future according start from planning field of work or career that will be focusing in the future until conducting the major which is appropriate with their career plan. Parental involvement is parents role in helping and supporting student to make career planning in the future by giving an advices and useful information for their children, but not act as decision maker, so that in the future student will be able to choose the major that is fit with their career planning. Numbers of sample in this research are 8 persons and using purposive sampling technique for intake the data. This research is a quasi-experiment using a data analysis method with quantitative and qualitative approach. The conclusions of the research results indicate that there is no influence of educational groups of career development on career planning and parental involvement on research subject. Nevertheless, it was found that there are dynamics variations in career development component and parental involvement component of career development among the subjects in Experiment Group.

Keywords : career development, parental involvement, career planning